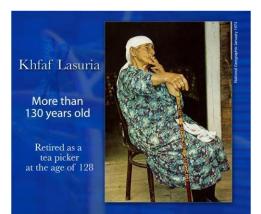
## Why I Use PYUR O2

By: Bob Bremner

"National Geographic" published an article in January 1973 entitled "Every Day is a Gift When You Are Over 100". Dr Alexander Leaf visited places in the world where people live longer and remain more vigorous in old age. He



interviewed people over 100 years old who were still active and enjoying life, such as Khfat Lasuria, more than 130 years old, and still active around her home after retiring as a tea picker only two years earlier.

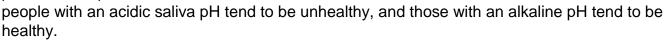
When he asked these people to what age they thought youth extends, Gabreal Chapnian, age

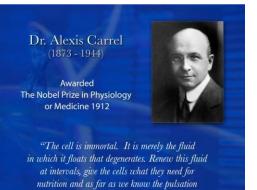
117, gave a typical response, "Youth normally extends up to the age of 80. I was still young then".

Is it possible for people living in modern societies to feel youthful at age 80, and live a vigorous healthy life to the age of 100 and beyond? Are there some things you and I can do to reduce our chances of dying from the many degenerative diseases plaguing people today?

We are going to be looking at various factors that may have an effect on life span and then look at how the Nutronix products could address these factors.

One of the most important indicators of the state of health of a person is the pH of saliva. Scientists have observed that

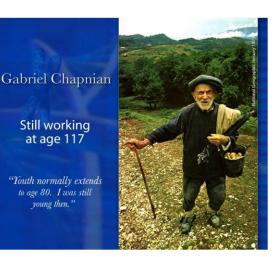


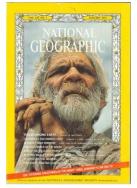


of life may go on forever."

The importance of pH to living cells was first demonstrated by Dr. Alexis Carral, Nobel Laureate in Medicine in 1912, awarded for his work in the area of organ transplant. In one of his experiments, he managed to keep the heart muscle of a chicken alive in a petri dish for 34 years by maintaining an alkaline fluid in the dish. It was his opinion that, "The cell is immortal. It is merely the fluid in which it floats that degenerates. Renew this fluid at intervals, give the cells what they need for nutrition and as far as we know the pulsation of life may go on forever."

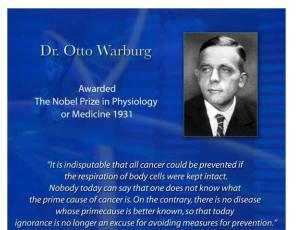
A few years ago, USA Today ran a front page article about a



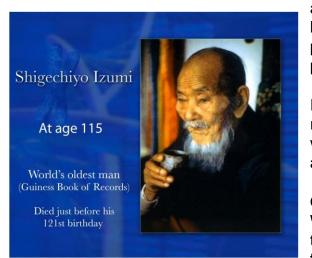


whale that had been killed, and as they began to cut the meat up, they found two stone harpoon points dating back to those that were made by Eskimos over 150 years ago. It was estimated that the whale was well in excess of 200 years old. Whales maintain a body fluid pH of 7.8 or alkaline, the same as ocean water. This alkaline pH causes the cell integrity of young and old whales to be the same. This is most likely why they can live so long.

Dr. Otto Warburg was the Nobel Laureate in 1931 for his study "Cause and Prevention of Cancer" in which he showed clearly that cancer was associated with a drop in the pH of the cell. He showed that at a pH of 7.4 and above cancer cells enter a dormant state.



The PYUR O2, when used regularly, may help the body maintain an alkaline pH. The PYUR O2 comes from the ocean off of the coast of Okinawa, Japan. Researchers became interested in the health benefits of coral after discovering that a very high percentage of people living on the islands off the coast of Okinawa were past the age of 100. One gentleman, a Mr. Izuma, was in the Guinness Book of Records as the oldest documented living person. Although not



as old as the people in the National Geographic article, he possessed a birth certificate and school records that proved his age. He lived a healthy 120 years before passing away just before his 121<sup>st</sup> birthday.

In the Shenandoah Valley of Virginia roughly half of the rivers no longer have fish because of acid rain. When the water gets too acidic the fish die. Those that have owned an aquarium know this first hand.

Our bodies are 70% water. Our cells are like these fish. We have 75 trillion little "fish" in our bodies. If we allow the water in **our** living aquariums to become too acidic, the "little fish" die just like they do in the river.

To counteract the effects of acid rain, the U.S. Forest Service in the Shenandoah Valley are dumping limestone in the water of St. Mary's River. Limestone is calcium carbonate. It dissolves in the water and raises the pH. The fish are now returning to the St. Mary's River.

The PYUR O2 addresses the pH issue. By adding the PYUR O2 teabags to your drinking water every day, you can help your body maintain an alkaline pH.

It is very important to realize the difference between ingesting powdered coral in the form of a pill or capsule versus drinking coral-treated water. It is only when a person drinks water treated with the coral sand that an increase in pH is observed. While powdered coral in a capsule can be an

effective Calcium supplement, it does not raise the pH of the body. The Japanese don't eat the coral- they just drink the water!

Another extremely important issue we need to look at is preventing and repairing oxidation damage. Many scientists are of the opinion that the accumulation of oxidative damage in the organs of the body is what causes us to age. As oxidation damage accumulates, the skin loses its elasticity and becomes wrinkled as we grow older.

The reaction that causes iron to oxidize, or rust, is the same thing that occurs in our bodies. We are literally "rusting" as our cells are attacked by oxygen compounds known as free radicals. A certain percentage of oxygen atoms are missing an electron, which gives it a positive charge. When these positively charged atoms enter the body they will try to grab an electron from any place they can.

Certain pollutants that we are exposed to promote free radicals, especially petrochemical compounds. When you fill your car up with gasoline at the self-service gas pump, you breathe in more benzene and fat soluble hydrocarbons into your body in one minute than your ancestors breathed into their bodies in an entire lifetime.

To make matters worse, compared to the food our ancestors ate, our food today contains far less nutrients, especially anti-oxidants. It is no wonder that 100 years ago degenerative diseases were rare and today just about everyone is expected to suffer from one or more degenerative diseases before they die.

The body has a built in defense system to fight these free radicals, called superoxidedismutase, or SOD. Its job is to search out the free radicals and donate an electron to them before they can cause damage to the cells. There are a few people born with a malfunctioning SOD system, a disease called pergeria, which causes them to age very rapidly. They can actually die of "old age" before they are 10 years old. Without the SOD to protect them, the oxidation damage occurs very rapidly, causing them to look 60 years old when actually they are only 8 or 9.

In addition to the body's own built-in free radical defense system, certain foods contain compounds that have a loosely bound electron that can be donated to the free radicals. We call these compounds anti-oxidants. Vitamin C, Beta Carotene, and Vitamin E, for example, can donate an electron to the free radical and cancel it out, but when they do this they become a weak free radical in return.

There is, however, an anti-oxidant that does not become a weak free radical when it gives up an electron, and that is a negatively charged hydrogen proton. These atoms are the most powerful electron donors known in chemistry and the most effective free radical scavengers in the universe.

Normally, water contains hydrogen atoms with a positive charge; however, in a few isolated places in the world, water has been found that contains negative hydrogen.

I am sure you are not going to be surprised to learn that these areas include the northern mountains of Pakistan where the Hunzas live and Ecuador where the Vilcabambia live, the very same places that Dr. Leaf traveled to interview the people for his National Geographic article, and the Coral Islands off of the cost of Okinawa, Japan.

This Hunza type water is unlike water found elsewhere in the world. Since its source is ancient blue-ice glaciers, it is almost as pure as distilled water, but with a much lower surface tension. It also contains an abundance of negative hydrogen ions. The people who live in these areas also claim that the water is the secret to their long, healthy lives.

Albert Szent-Gyorgyi, the Nobel Laureate who discovered Vitamin C, called water "the mother and matrix of all life". All the symptoms of aging are in one way or another accompanied by a slow dehydration of our vital tissues associated with free-radical damage. No matter how much we drink we cannot seem to slow down the inevitable starvation of vital tissues for water. There is much more to tissue hydration than simply drinking ordinary water. Cellular water is as different from spring water as milk is from orange juice.

Suppose there was a simple way to make this Hunzo type water at home, or anywhere we go for that matter. Suppose we could, easily and affordably, make this water, rich in negative hydration with the right surface tension so it could be absorbed by the cells.

Well, that's what happens when you add the PYUR O2 to your water. When you put a tea bag of the coral sand from Okinawa into a glass of water, suddenly there are more negative hydrogen ions in that single glass of water than could be found in a swimming pool of ordinary water. When you drink a glass of this water, the hydrogen goes to work immediately scavenging free radicals throughout your entire body. A difference in the structure of a person's blood can be observed within two minutes of drinking a glass of water treated with the PYUR O2.

Anyone who is serious about their health should make a commitment to drink only water treated with PYUR O2 in the future. There is probably no single product available anywhere that can have such a dramatic impact on your health.

What it would it be worth to you, if five years from now you were five years younger, rather than five years older? And you were able to live a life free from degenerative disease. A long life, full of vitality, a life lived as it was intended.

Don't be one of the people who say "This sounds too good to be true" or "It probably won't work for me". With all of the research and historical date available, it's at least worth trying. Now, we can't say for certain what will happen long term but this much we are sure of – it won't hurt us to try.

Years from now, you may be able to look back and say, "I remember what it was like to be 80, I was still young then."